



Relationships, Health and Sex Education at Nevill Road Junior School



May 2023

Legislation

In 2019, the Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education and Health Education compulsory for all pupils receiving primary education. This came into effect in Summer 2021.

What does this mean?

The legislation requires schools plan and implement a curriculum so primary school children learn about the following:

<u>Relationships Education</u>	<u>Health Education</u>
Families and people who care for me	Mental wellbeing
Caring friendships	Internet safety and harms
Respectful relationships	Physical health and fitness
Online relationships	Healthy eating
Being safe	Drugs, alcohol and tobacco
	Basic first aid
	Changing adolescent body.

What about Sex Education?

Sex Education is not compulsory in primary schools (aside from elements covered within the Science Curriculum) but The Department for Education recommends that all primary schools should have a sex education programme tailored to the age and the physical and emotional maturity of the pupils. At Nevill Road Junior School, we use resources recommended by Stockport Local Education Authority to deliver appropriate Sex Education lessons to children.

When is Sex Education taught?

Sex Education as part of the PSHE curriculum is taught during the Summer term. Lessons are delivered in accordance with the school's RSE policy.

What will my child learn?

Lessons highlighted in **blue** form part of Relationships and Health education. Lessons highlighted in **black** are classed as Sex Education.

Year Group	Lesson Outcome
3	<p>To explore the differences between males and females and to name the body parts.</p> <p>To consider touch and to know that a person has a right to say what they like and dislike.</p>

	To explore different types of families and who to go to for help and support.
4	To explore the human lifecycle To learn some basic facts about puberty. To explore how learning about puberty is linked to reproduction (children change into adults so that they can reproduce)
5	To explore the emotional and physical changes of puberty To understand male and female puberty in more detail To explore the impact of puberty on the body and the importance of physical hygiene To explore ways to get support during puberty
6	To consider puberty and reproduction To consider physical and emotional behaviour in relationships To explore the process of conception and pregnancy To explore the positive and negative ways of communicating in a relationship.

More detailed lesson planning for each year group is available from the school website, alongside an additional guide on RSE in primary schools.

<https://www.nevillroad-jun.stockport.sch.uk/page/pshe-and-rse/63937>

RSE - Primary School Guide for parents.pdf

Year 3 - Valuing difference and keeping safe.pdf

Year 4 - Growing up.pdf

Year 6 - Puberty, Relationships and Reproduction.pdf

Year 5 - Puberty.pdf

The right to withdraw

You do not have the right to withdraw their children from Relationships Education or Health Education.

As sex education is not statutory at primary level, you do have the right to request that their child be withdrawn from some or all of the sex education lessons delivered as part of the PSHE curriculum.

If you have further questions regarding relationships, health or sex education, please contact your child's class teacher or the PSHE subject leader, Mr Kinnear.