

Nevill Road Junior News

January 12th 2024



Dear Families,

Happy New Year! I hope you all enjoyed the Christmas break and enjoyed spending time with your families and friends.

We have had a fantastic start to the new term. Our whole school trip to Chester Zoo was a huge success. We managed to see a range of animals, many that the children had not seen before. The children behaved beautifully and many special memories were made. Thank you to all the staff team who helped organised the event and to Friends of Nevill Road for funding the coaches. Watch this space for our next adventure!

Have a lovely weekend.

Kind regards
Mrs Cliff



OUR CURRICULUM

This week, Year 4 started their new Science topic 'Living Things and their Habitats.' The learnt about MRS NERG, who helps us to remember the seven characteristics of living things. In their computing lessons, Year 3 have loved using Scratch to programme. Year 5 have enjoyed writing poems about the environment and Year 6 have started their writing unit, based on the book 'The World of Food'.



Together Everyone Achieves More



CHESTER ZOO VISIT 2024



KEEPING OUR CHILDREN SAFE

**Top Tips for...
MANAGING SCREEN TIME**

According to the latest stats, people aged between 8 and 17 spend four hours on digital devices during an average day. Obviously, a new year is ideal for fresh starts and renewed efforts - so lots of families are trying to cut down their combined screen time right now, creating more moments to connect with each other and relying less on gadgets to have fun. Our top tips on reducing screen time are for everyone, so you can get your whole family involved in turning over a new leaf this year!

GET OUT AND ABOUT
If the weather's decent, spend some time in the garden or park or woods. Even a stroll to the local shop could do the most thing to get some fresh air and a break from your screen.

TRY A TIMED TRIAL
When you're talking to a screen, look for a different activity to do a chunk of time. Try a game by setting yourself a timer. Can you complete your task before the alarm goes off?

GO DIGITAL DETOX
Challenge yourself and your family to take one full hour away from your family phone. No TV. No social media. No apps. You could aim for one hour a day, then build up to a full day or two, then an entire weekend.

LEAD BY EXAMPLE
Let your family see you successfully managing your screen time. You'll be showing them that you can do it, and they'll be more likely to do it. You could aim for one hour a day, then build up to a full day or two, then an entire weekend.

AGREE TECH-FREE ZONES
Establish some spaces at home where devices aren't allowed. Bedrooms are a good place to try. If you can't get it right, try a full day or two, then an entire weekend.

HOLD A SCREEN TIME AMNESTY
As a family, agree specific minutes when you'll all be online together. This should help everyone to balance their phone or gaming with enjoying quality time with each other.

MEET OUR EXPERT
We've been busy and we've been here for a long time. We've been busy and we've been here for a long time. We've been busy and we've been here for a long time.

BE MINDFUL OF TIME
Keep track of how long you've been on your device. It's easy to lose track of time when you're on a screen. Use a timer to help you stay on track.

PARK PHONES OVERNIGHT
Set an overnight charging station for your family phone. This way, you can avoid the temptation to check your phone first thing in the morning.

SWITCH ON DND
Remember those blue message notifications that pop up on your phone? They can be a real distraction. Turn on Do Not Disturb when you're busy.

TAKE A FAMILY TECH BREAK
Set aside certain times when everyone puts their phones away and engages in a family activity. It could be a board game, going for a walk, or just having a chat.

SOCIALISE WITHOUT SCREENS
When you're with friends, try not to be constantly checking your phone. It's an easy habit, but staying connected can be a real distraction. Try to focus on the people you're with.

WIND DOWN PROPERLY
Try putting off phones, consoles, and screens until an hour before you go to sleep. Staying on your phone or gaming can make it harder to fall asleep. Try to put your phone away an hour before you go to bed.

DEVICE BOX
The National College
National Online Safety
#WakeUpWednesday

Twitter: @nationalonline_safety
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If you would like to find out more about our curriculum and activities in school, follow us on twitter @NRJuniors



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Diary Dates

Monday 8th January - Back to School

Wednesday 10th January - Whole school visit to Chester Zoo

Monday January 15th - Maths workshop Year 4 / 5, 3.30pm

Thursday 18th January - SEND coffee morning 9.00am

Tuesday 23rd January - Maths workshop in classrooms Year 4 / 5, 2.50pm

Thursday 25th January - Reading workshop 9.00am

Tuesday 6th February - E Safety Day

Friday 9th February - Last day of Half Term

Monday 19th February - Return to school

- Y5 residential to Castleton

Tuesday 20th February - Y5 residential to Castleton

Thursday 29th February - SEND coffee morning 9.00am

Wednesday 13th March - Y6 visit to Stockport air raid shelters

Monday 18th March - Y2 parent meeting / tour of the Junior school 9.00am

Tuesday 19th March - Y2 parent meeting / tour of the Junior school 9.00am

Thursday 28th March - **END OF TERM**

Please note there may be further dates added in red to the diary as more events are confirmed.

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