

SEND NEWSLETTER

No. 4: March 2024

www.nevillroad-jun.stockport.sch.uk/page/send



HELLO

Today we reach the end of the Spring term! The year is flying by!

Over the last couple of weeks, SEND review meetings and parents' evenings have taken place and it's been wonderful to see so many of you and celebrate the progress your wonderful children are making. If your child is on the SEND register and you've not yet had your SEND review meeting, please contact your child's class teacher to arrange a convenient date. SEND review meetings for parents of children in 5H will be arranged after the Easter holidays and Mrs Hopkins will be in touch to schedule these once school reopens for the Summer term.

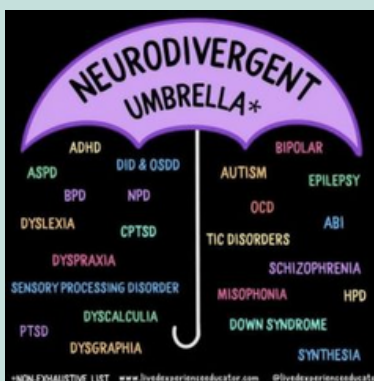
Whatever your plans are for the Easter holidays, whether you'll be travelling and exploring or taking some much needed time to rest, I hope that you all have a wonderful break and we look forward to seeing you all again on Monday 15th April!

Emma Boon, SENDCO

NEURODIVERSITY CELEBRATION WEEK

Neurodiversity refers to the natural diversity of human minds. Neurodiversity' was a term created to embrace differences and to encourage them and it covers a wide spectrum of need which includes Autism, ADHD, Dyslexia and OCD. It is a biological fact that we are diverse in our minds, just like we are in ethnicity, gender and sexuality; neurodiversity recognises that there is not a wrong or right way for a brain to work.'

March 18-24 was national Neurodiversity Celebration week and the 2nd April marks the beginning of Autism Acceptance week however these dates didn't quite fit into our school calendar so Mr Kinnear and I have planned to have our very own 'Nevill Road Junior School Neurodiversity Celebration Week' on the week beginning 29th April.



The aim of this week will be to explore different areas of neurodiversity as a school community in order to find out more about conditions such as ADHD and how they affect people - but also about how we, as a school and as individuals, can make the world a more welcoming and accepting place for neurodivergent people.

During the week, the children will attend assemblies on Neurodiversity and will spend some time in class learning more about it. Look out for a Neurodiversity 'takeover' on our school X ('Twitter') page too @NRJuniors!

SEND PARENT COFFEE MORNING – THURSDAY 18TH APRIL



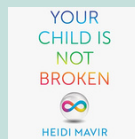
Our first SEND Parent Coffee Morning of the Summer Term will take place on the first Thursday back at 9am and the focus will be Year 2 to Year 3 transition. Mrs Scott will be joining us from the Infant School alongside some of the Year 2 parents. Other parents are welcome to attend; it would be lovely if some of our Year 3 parents could come along to share their experience of the transition from the Infant to the Junior school and I'm sure our Infant School parents would appreciate your guidance and advice.

SEND PARENT LIBRARY

In the Inclusion Room, I have a collection of books on a range of SEND topics which parents are welcome to borrow.

Books I currently have:

- The Reason I Jump - one boy's voice from the silence of autism
- Your Child Is Not Broken - parent your neurodivergent child without losing your marbles!
- The Family Experience of PDA



The following books have been lent out over the course of the academic year. If you have any of them, please could you return them to school after the half term break? (Or let me know that you have them and would like to hold on to them a little while longer):

- Autism and Anxiety
- The Out of Sync Child
- The Explosive Child
- Wonderfully Wired Brains



YEAR 6 TRANSITION

Plans are currently being made for supporting our Year 6 pupils in their transition to secondary school. Some children will receive additional transition support, on top of Stockport's universal offer - this may include additional transition visits, meetings with their new SENCO or sessions with Primary Jigsaw.

Primary Jigsaw are also offering free online 'Parenting Anxious Children' sessions to support parents of children in Y6 who may be anxious about moving on to secondary school. These sessions will take place between 9.30-10.30 on 25th June, 2nd July, 9th July and 16th July. If you are interested in these sessions, please email primary.jigsaw@stockport.gov.uk to book.

PARENTING ANXIOUS CHILDREN
YEAR 6 SPECIAL

Are you worried about your child navigating through the next few months? You are not alone!

Join fellow Stockport parents and carers who want to support their Year 6 child cope with change and move on to high school more confidently.

Free online sessions
930 - 1030
25th June 2024
2nd July 2024
9th July 2024
16th July 2024

Delivered by:
Anna Purvis - Primary Jigsaw
Heather Newton - Inclusion Service
Please email primary.jigsaw@stockport.gov.uk to book.

SPOTLIGHT ON SUPPORT

Great Minds Together - Autism Central

Over the year, I have shared dates for webinars hosted by Autism Central. I know that many of you have accessed them and found them helpful but did you know that you can request a free 1:1 session with one of the Hub's 'wraparound coordinators' who can listen, offer guidance and help you to find services that are available in our local area?

You can request a 1:1 session with them on their web page which can be found by [clicking here](#).

TIPS FOR THE SCHOOL BREAK

Many SEN children, especially autistic children, can get upset about changes in routine. Talking to them about the school break, and asking for their help to plan out what you might do in this time, can give them the opportunity to communicate how they are feeling and help them to feel happier and safer in a different routine.

Plan the break

Planning the break in advance, or at the start, can help your child know what to expect each day which can help to reduce the anxiety they may be feeling. Using a large daily planner or calendar can help. Some also like to see pictures and photographs of where they'll be going or who they will see and this can help to manage their expectations.

Be consistent

If you can, be consistent so that they still feel a sense of routine and predictability. For example, keep breakfast, lunch and dinner times the same. If you have days planned out, it can be helpful to keep the timings in line with the school day, so that they are leaving the house or returning home at the time they would usually expect.

Don't put pressure on yourself!

School breaks can be tough for parents of SEND children. You may be juggling work and other children and have little time to yourself, which can be stressful. You may also feel pressure to fill the time with fun activities and family memories.

Be kind to yourself and do what is right for you and your family.

Happy Easter