

# SEND NEWSLETTER

No. 5: July 2024

www.nevillroad-jun.stockport.sch.uk/page/send



#### **SUMMER TIME!**

Wow! This school year has flown by! As I come to the end of my first year at Nevill Road Junior School, I would like to say a huge 'thank you' to all of you for making me feel so welcome. I have absolutely loved getting to know you and your wonderful children this year and I am looking forward to continuing to support you with all things SEND in the future.

To all of our Year 6 pupils moving on to their new high schools, I wish them the very best of luck. I know that they will continue to shine bright and I hope they settle into their new schools quickly. Please keep in touch!

I hope everyone has a lovely Summer break and I look forward to welcoming our new Year 3 families and seeing you all again in September.

Emma Boon, SENDCO

# SEND COFFEE MORNINGS

I plan to continue to hold
SEND parent coffee
mornings on the second
Thursday of each half term.
Confirmation of all dates will
be given in September.
Thank you to everyone who
has attended one of my
coffee mornings this year. I
appreciate your time and I
hope you've found them
useful.

## FREE CARER CINEMA TICKETS

The CEA Card is a national card scheme developed for UK cinemas by the UK Cinema Association (UKCA).

The card enables a disabled cinema guest to receive a complimentary ticket for someone to go with them when they visit a participating cinema.

If your child receives DLA payments, they could be eligible to apply for a CEA card which enables parents to book a free carer ticket at many different cinemas (including The Light, Stockport) when purchasing a ticket for the card-holder child.

There is a £6 fee to apply for a card but the card then remains valid for 12 months.

For more information, please check out <a href="https://www.ceacard.co.uk/">https://www.ceacard.co.uk/</a>

Hopefully the Summer holidays brings lot of sun but a CEA card may be useful if the British weather has other ideas!

#### **'HANGRY'**

Did you know that humans have eight senses? One of them is 'interoception' which describes the way our body processes signals from our internal organs. Many children with sensory difficulties have poor interoception and may not recognise when they are hungry or thirsty. During breaks from school, it can be tricky to stick to a consistent routine and meal times can become less structured. If you notice your child becoming irritable, try offering a snack or a drink. I times out of 10, it works in my household!

#### **BOOK PLEA**

If you have borrowed one of my SEND books, please could I kindly ask for it to be returned? I am missing several books (including The Explosive Child and The Out of Sync Child) and some have been gone since October. Returning them to school would ensure other parents could borrow and benefit from them too.

Thank you!

### **UPCOMING ONLINE WEBINARS**

There are a wide range of online webinars, support sessions and training courses available to support parents of children with additional needs. Below is a selection of upcoming online events which some parents may find useful:

Monday 5th August - 6.00-7.00pm- - Autism and anxiety: Would you like to explore more about autism and anxiety and the impact it can have, and how we can help our loved ones? Click here to register for this event for free.

Wednesday 7th August - 10.00-11.00am - Autism and embracing neurodiversity: Would you like to look into how we can empower our loved ones to embrace their autism?. An online session, hosted by Great Minds Together, for parents/carers and PAs of autistic children or those on the diagnostic pathway.

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Click here to register for this event for free.

Thursday 8th August - 10.00-11.00am - Introception and Emotional Regulation. Introception is our sensory system that provides information about the internal condition of our body - how our body is feeling on the inside. Find out more about interoception and the link with sensory needs and emotional regulation in this online session, hosted by Great Minds Together, for parents/carers and PAs of autistic children or those on the diagnostic pathway.

Click here to register for this event for free.

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Friday 9th August - 12.00-1.00pm Situational Mutism: Would you like to explore support and strategies that may help our loved ones if they have times when they are unable to communicate verbally?

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Click here to register for this event for free.