



## Nevill Road Junior School - PSHE Medium Term Planning for Year 3

	<p style="text-align: center;"><b>Relationships</b> (Feelings and Emotions, Healthy Relationships, Difference)</p>	<p style="text-align: center;"><b>Living in the Wider World</b> (Rights and Responsibilities, Environment, Money)</p>	<p style="text-align: center;"><b>Health and Wellbeing</b> (Keeping Safe, Healthy Lifestyles, Growing and Changing)</p>
<p>Pre-learning questions</p> 	<p>Do I can recognise feelings in others? Can I to respond appropriately? Do I recognise what bullying is? Can I talk confidentially about how to access help? Do I recognise that my actions have positive and negative consequences?</p>	<p>Can I can explain what is meant by "a moral citizen?" Do I recognise the importance of looking after the planet? Can I talk about my responsibility to protect it? Can I can talk confidently about enterprise opportunities and the importance of looking after money?</p>	<p>Can I can make informed choices about living a healthy lifestyle? Can I can recognise what I am good at and set achievable goals? Can I talk confidently about responding to an emergency situation?</p>
<p style="text-align: center;"><b>Year 3</b></p>	<ul style="list-style-type: none"> <li>• <b>Feelings and Emotions</b></li> </ul> <p><u>Recognising feelings in others</u></p> <ul style="list-style-type: none"> <li>• Recognise own and other's feelings</li> <li>• How can I appropriately respond when someone is clearly feeling a different way to me</li> </ul> <p><u>Responding appropriately to people's feelings</u></p> <ul style="list-style-type: none"> <li>• How to recognise how people are feeling</li> <li>• When it is appropriate to respond</li> <li>• How to respond when...</li> </ul> <ul style="list-style-type: none"> <li>• <b>Healthy Relationships</b></li> </ul> <p><u>Describe positive relationships and friendships</u></p> <ul style="list-style-type: none"> <li>• Encourage the children to recognise when a relationship is healthy and unhealthy</li> <li>• Focus on bullying</li> </ul> <p><u>How actions affect ourselves and others</u></p> <ul style="list-style-type: none"> <li>• Treating all children with respect in school</li> <li>• Recognising and appreciating our different qualities</li> </ul> <p><u>Valuing Difference</u></p> <ul style="list-style-type: none"> <li>• Respecting and appreciating our different qualities</li> </ul> <p><u>Recognising what bullying is</u></p> <ul style="list-style-type: none"> <li>• What is the difference between bullying and an isolated incident</li> </ul> <p><u>How to respond when you think that someone is being bullied</u></p>	<ul style="list-style-type: none"> <li>• <b>Rights and Responsibilities</b></li> </ul> <p><u>Identify what is meant by 'a moral citizen'</u></p> <ul style="list-style-type: none"> <li>• Opportunity to debate different opinions.</li> <li>• Explore language- what is morality? What is a citizen?</li> </ul> <p><u>How can you be involved in the community?</u></p> <ul style="list-style-type: none"> <li>• What opportunities are there for me to be a moral citizen?</li> <li>• Think about the Nevill Road Junior School community in particular</li> </ul> <ul style="list-style-type: none"> <li>• <b>Money</b></li> </ul> <p><u>What is an enterprise? What does it mean?</u></p> <ul style="list-style-type: none"> <li>• Where does our money come from? How can we keep it safe?</li> <li>• Look at jobs and skills in the future</li> </ul> <p><u>Developing skills in enterprise</u></p> <ul style="list-style-type: none"> <li>• <b>Environment</b></li> </ul> <p><u>How can we look after our planet?</u></p> <ul style="list-style-type: none"> <li>• What is our responsibility when looking after the planet?</li> <li>• How can we make sure that we look after our environment?</li> </ul> <p><u>What effects are we having on our planet?</u></p> <ul style="list-style-type: none"> <li>• Show children clips from blue planet/ planet earth</li> <li>• Recognise the impact of the way that we live our live</li> <li>• Find out more online about environmental issues</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Healthy Lifestyles</b></li> </ul> <p><u>What makes a balanced diet?</u></p> <ul style="list-style-type: none"> <li>• Identify the impact of a healthy diet on the body (link with Science)</li> </ul> <p><u>Opportunities for making our own choices</u></p> <ul style="list-style-type: none"> <li>• How can others influence our choice and how do we make sure we are making the right choices to be healthy and active?</li> </ul> <ul style="list-style-type: none"> <li>• <b>Keeping Safe</b></li> </ul> <p><u>Who helps us feel safe and healthy?</u></p> <ul style="list-style-type: none"> <li>• Identify key people in our lives who support our development</li> <li>• Keeping safe on dark nights</li> </ul> <p><u>How to respond if someone needs help</u></p> <ul style="list-style-type: none"> <li>• Show children different scenarios and encourage them to think about how they would access help</li> </ul> <p><u>Setting goals and recognising what we are good at</u></p> <ul style="list-style-type: none"> <li>• What do we want to achieve during our time in Year 3?</li> <li>• How can we make sure that we are successful?</li> </ul> <p><u>Understanding discrimination</u></p> <p><u>Growing and Changing (SRE):</u></p> <ul style="list-style-type: none"> <li>• To explore the differences between males and females and to name the body parts.</li> <li>• To consider touch and to know that a person has a right to say what they like and dislike.</li> </ul>

	<ul style="list-style-type: none"><li>• Recognise key adults who can help</li><li>• Roll of witnesses</li><li>• Ways to prevent bullying</li></ul>		<ul style="list-style-type: none"><li>• To explore different types of families and who to go to for help and support.</li></ul>
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