**Nevill Road Junior School - PSHE Medium Term Planning for Year 4**

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| Nevill Road Junior School Logo | **Relationships****(Feelings and Emotions, Healthy Relationships, Difference)** | **Living in the Wider World****(Rights and Responsibilities, Environment, Money)** | **Health and Wellbeing****(Keeping Safe, Healthy Lifestyles, Growing and Changing)** |
| Pre learning questionsKey To Learning | • Can I recognise when it is appropriate to keep a secret? Can I explain this?• Can I can listen to others and respond appropriately?• Do I respect personal space? Do I understand why this is important? | • Can I explain what it I means to live a sustainable lifestyle?• Can I can talk confidently about effective management of money?• Can I talk about the dangers I might face outside of school?Can I identify risks in the local area? Can I suggest how to manage them? | • Can I can make informed choices about living a healthy lifestyle?• Do I know how to stay safe online? Do I know who to talk to if I am worried about what I have seen on the internet?• Do I can recognise drugs that are common to everyday life? Can I give examples? |
| **Year 4** | * **Feelings and Emotions**

**When is it appropriate to keep a secret?*** Encourage children to talk about times when they have been asked to keep a secret
* How did it make them feel?

**Listening to other’s point of view*** Go through the concept of Restorative Approach
* Identify the importance of listening to each other
* **Healthy Relationships**

**Acceptable and Unacceptable physical contact*** Think about it in school.
* Children to appreciate the need to respect personal space

**Solving disputes and conflicts amongst friends*** Qualities of a good friend
* **Valuing Difference**
* No Outsiders – To be welcoming

**Recognising difference and diversity*** Recognise the difference between each other in the classroom
* What can we do to celebrate difference?

AdditionalWater Safety:Link to Year 4 swimming | * **Rights and Responsibilities**

**Recognise and manage risk in our local area*** What dangers are there outside of school?
* How can we ensure that we stay safe?
* What could happen in our local area that could be unsafe?

**Recognise and manage risk in the world*** As we get older, what risks do we see in the world outside of school?
* What can we do to ensure that we manage the risk and stay safe?
* What do we do when we recognise this?
* **Money**

**How to effectively manage money*** Saving and budgeting

**What are loans and what is interest?*** When would we need to ask for a loan?
* Understand that loans often come with interest
* Is it a good idea to have lots of loans?
* **Environment**

**What does it mean to be sustainable?*** How can we live sustainably?

**How can we be sustainable?*** What could we do in school to be more sustainable?

What is the importance of it? | * **Healthy Lifestyles**

**What makes a balanced lifestyle?*** Children to think about an active lifestyle
* Link to sporting events and what the children can get involved in throughout the year

**Drugs that are common to our everyday life*** Tobacco and alcohol
* Introduce children to the concept that drugs are not always negative and can help us to feel better
* **Keeping Safe**

**How to stay safe online*** Introduce the concept that not everything is as it seems on the internet and that children need to be aware of potential dangers

**Growing and Changing (SRE):** * To explore the human lifecycle
* To learn some basic facts about puberty.
* To explore how learning about puberty is linked to reproduction (children change into adults so that they can reproduce)

**Changes that happen in life and feelings that are associated with change*** When this happens… I feel like…
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