



## Nevill Road Junior School - PSHE Medium Term Planning for Year 5

	<p style="text-align: center;"><b>Relationships</b> <b>(Feelings and Emotions, Healthy Relationships, Difference)</b></p>	<p style="text-align: center;"><b>Living in the Wider World</b> <b>(Rights and Responsibilities, Environment, Money)</b></p>	<p style="text-align: center;"><b>Health and Wellbeing</b> <b>(Keeping Safe, Healthy Lifestyles, Growing and Changing)</b></p>
<p>Pre-learning questions</p> 	<ul style="list-style-type: none"> <li>Do I recognise how someone is feeling and can I respond appropriately?</li> <li>Can I appreciate other people's strength and celebrate their skills alongside my own?</li> <li>Can I see other people's perspectives?</li> <li>Do I understand that not everyone feels the same as me? Can I explain this?</li> </ul>	<ul style="list-style-type: none"> <li>Can I explain what is meant by law?</li> <li>Can I explain my responsibilities as a citizen?</li> <li>Can I talk confidently about how human actions are affecting the planet?</li> <li>Do I explain what anti-social behaviour is?</li> <li>Do I know what to do if I was worried about something in my local area?</li> </ul>	<ul style="list-style-type: none"> <li>Do I understand the impact of social media on my health and wellbeing?</li> <li>Do I know who to talk to if I am worried about what I have seen online?</li> <li>Can I talk confidently about body change?</li> <li>Can I explain the differences between boys and girls as their bodies change?</li> <li>Can I suggest ways to stay safe online?</li> <li>Do I know who to talk to if I am worried about what I have seen on the internet?</li> </ul>
<p><b>Year 5</b></p>	<ul style="list-style-type: none"> <li><b>Feelings and Emotions</b></li> </ul> <p><u>How to recognise how someone is feeling</u></p> <ul style="list-style-type: none"> <li>How do you recognise how someone is feeling</li> <li>Link to Restorative Approaches</li> </ul> <p><u>Responding when someone feels...</u></p> <ul style="list-style-type: none"> <li>What do you do when someone is feeling...?</li> </ul> <ul style="list-style-type: none"> <li><b>Healthy Relationships</b></li> </ul> <p><u>Listening to others and learning from others</u></p> <ul style="list-style-type: none"> <li>What can we offer each other?</li> <li>What can we learn from each other?</li> <li>What are we good at?</li> </ul> <p><u>Negotiation and Compromise- seeing all views and opinions</u></p> <ul style="list-style-type: none"> <li>Looking at how other people see things- the beach ball activity where children all see the different perspectives</li> </ul> <ul style="list-style-type: none"> <li><b>Valuing Difference</b></li> </ul> <p><u>Recognising what children are good at and that we are all good at different things</u></p> <ul style="list-style-type: none"> <li>Activity: Children to write down what they are good at on their backs</li> </ul> <p><u>Raising concern and challenging something when you don't believe that it is right</u></p>	<ul style="list-style-type: none"> <li><b>Rights and Responsibilities</b></li> </ul> <p><u>Rules and Laws</u></p> <ul style="list-style-type: none"> <li>What is meant by a rule?</li> <li>What is a law?</li> <li>What are our rights and responsibilities as moral citizens?</li> </ul> <p><u>Anti-social behaviour</u></p> <ul style="list-style-type: none"> <li>What is anti-social behaviour?</li> <li>What is the problem with anti-social behaviour?</li> </ul> <ul style="list-style-type: none"> <li><b>Money</b></li> </ul> <p><u>The Importance of finance in our lives</u></p> <ul style="list-style-type: none"> <li>Saving and budgeting</li> <li>What do we use money for?</li> <li>How can we make sure that we invest sensibly?</li> </ul> <p><u>Looking after money- debt management</u></p> <ul style="list-style-type: none"> <li>When we have money- what do we do to protect it?</li> </ul> <ul style="list-style-type: none"> <li><b>Environment</b></li> </ul> <p><u>How are our actions affecting the oceans?</u></p> <ul style="list-style-type: none"> <li>Explore Blue Planet and look at the impact that our lifestyle has on marine life</li> <li>What will happen if this continues?</li> </ul> <p><u>How are our actions affecting the climate?</u></p> <p><u>Global Warming</u></p>	<ul style="list-style-type: none"> <li><b>Healthy Lifestyles</b></li> </ul> <p><u>What positively and negatively affects health and wellbeing?</u></p> <ul style="list-style-type: none"> <li>The impact of social media on children's health and wellbeing</li> </ul> <p><u>Making informed choices- benefits of a healthy and balanced diet</u></p> <ul style="list-style-type: none"> <li><b>Link to science unit</b></li> </ul> <ul style="list-style-type: none"> <li><b>Keeping Safe</b></li> </ul> <p><u>Strategies for managing personal safety</u></p> <ul style="list-style-type: none"> <li>How to keep safe when children are outside of school</li> </ul> <p><u>How to stay safe online</u></p> <ul style="list-style-type: none"> <li>Link to Computing</li> <li>How do we stay safe online?</li> </ul> <p><u>Growing and Changing (SRE)</u></p> <ul style="list-style-type: none"> <li>To explore the emotional and physical changes of puberty</li> <li>To understand male and female puberty in more detail</li> <li>To explore the impact of puberty on the body and the importance of physical hygiene</li> </ul>

	<p>Encourage children to have the confidence to do the right thing. Build on moral citizenship from Year 4</p>	<ul style="list-style-type: none"><li>• Children to explore the impact of our lifestyle on the planet</li><li>• What will the consequences be if this continues?</li></ul>	
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